

MEDIA INVITE

Winnipeg School Division Healthy Minds Week 2017

Highlighting the importance of mental health for overall wellness

April 26, 2017 (Winnipeg, MB) – Winnipeg School Division (WSD) is pleased to invite Winnipeg media to RB Russell Vocational High School on **Monday, May 1** for the opening ceremonies and gallery walk display for WSD Healthy Minds Week 2017.

For the second year, WSD has aligned with the Canadian Mental Health Association's Mental Health Week to raise awareness of mental health and wellness across the division. During the week of May 1 to 8, WSD is hosting a variety of activities for staff, students and parents to promote healthy minds and bodies.

What: WSD Healthy Minds opening ceremonies and gallery walk display

When: 11:00 a.m., Monday, May 1, 2017

Where: Gymnasium, R.B. Russell Vocational High School, 364 Dufferin Avenue

Who: Students and Staff from across Winnipeg School Division

There are ongoing mental health programs and initiatives throughout the year in Winnipeg School Division; the week of school based events and professional development sessions offers the opportunity to celebrate and share ideas. For a complete list of Healthy Minds Week events, please visit: <u>www.winnipegsd.ca/healthyminds</u>.

WSD was established in 1871 and currently has 78 schools, 33,000 students and 6,000 employees. Its purpose is to provide a learning environment that fosters the growth of each student's potential and provide equitable opportunity to develop the knowledge, skills and values necessary for meaningful participation in a global and diverse society.

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